# Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Editorial</td>
<td>3</td>
</tr>
<tr>
<td>The history of Cannes</td>
<td>4</td>
</tr>
<tr>
<td>The Cannes Film Festival</td>
<td>6</td>
</tr>
<tr>
<td>Discover</td>
<td>8</td>
</tr>
<tr>
<td>Lérins Islands</td>
<td>12</td>
</tr>
<tr>
<td>Museums</td>
<td>14</td>
</tr>
<tr>
<td>Murals</td>
<td>16</td>
</tr>
<tr>
<td>Monuments</td>
<td>14</td>
</tr>
<tr>
<td>Guided tours</td>
<td>18</td>
</tr>
<tr>
<td>Walks and hikes</td>
<td>20</td>
</tr>
<tr>
<td>Gastronomy</td>
<td>22</td>
</tr>
<tr>
<td>Private beaches &amp; their restaurants</td>
<td>23</td>
</tr>
<tr>
<td>Shopping</td>
<td>24</td>
</tr>
<tr>
<td>Well-being</td>
<td>26</td>
</tr>
<tr>
<td>Sports</td>
<td>27</td>
</tr>
<tr>
<td>Leisure activities</td>
<td>33</td>
</tr>
<tr>
<td>Coastal map</td>
<td>34</td>
</tr>
<tr>
<td>Excursions in the area</td>
<td>36</td>
</tr>
<tr>
<td>Cannes for children</td>
<td>40</td>
</tr>
<tr>
<td>City lights</td>
<td>42</td>
</tr>
<tr>
<td>Cannes events</td>
<td>43</td>
</tr>
<tr>
<td>Practical information, getting here, parking, useful contacts</td>
<td>46</td>
</tr>
</tbody>
</table>
Welcome to Cannes!

Whether or not you’re already a fan of Cannes, we’ve the best welcome in store for you, giving you the keys to the city.

You’ll experience the art of living in all its forms.

More than anything else, Cannes is a place of golden sands, a perfect bay lined with islands, the ideal location whether you’re here for business or pleasure.

This guide will help you discover the many faces of this exceptional “global village”. The sections we have put together will help you embrace the whole city and make your stay a special one.

Must-visit locations, the history of the city and its film festival, new attractions, shopping venues, guided tours, cultural heritage..., it’s all here, not forgetting excursions which take you to the hilltop villages in the Cannes hinterland and show you breathtaking panoramas.

We are intent on giving you a step-by-step guide and the team at the Tourist Information Office is at your service for the entire summer, the whole year, ready to help everyone.

Become the guest stars in an exceptional location.

Welcome to Cannes, the city is yours.
Founded in 997, at the foot of a hill that served as a lookout over the Seigniory of Rodoard, Cannes started out as a small fishing harbour overrun with reeds. It was called “Portu Canuae” and faced the Lérins Islands, known since Antiquity under the names of Léro and Lérina. In 999, one year before the awful Year One Thousand, the “Castrum Marcellus”, fort was built on the hill of the Suquet. “Portu Canuae” had its “khan”, its “high point” in Celto-Ligurian terminology, hence the name Cannes!

Having experienced Spanish and Saracen invasions, the “royal” incarceration of the enigmatic Man in the Iron Mask, the spectacular breakout of Marshal Bazaine, the armies of Charles Quint warring against those of François I, not to mention the landing of Napoleon Bonaparte, Cannes was already prepared for its cosmopolitan destiny...
From 1834, Cannes became one of the places to be! Across the Channel, the city of Cannes had acquired a great reputation for its climate after a former Royal Chancellor, Lord Henry Brougham and Vaux, decided to spend the winter here... and ended up staying thirty-four years!

A talented ambassador for Cannes, inviting his friends and relations to the city, Lord Brougham opened the doors to the city to his peers and kings, queens, princesses, dukes as well as great writers and up and coming artists like Prosper Mérimée, Guy de Maupassant, Dumergue, Chateaubriand, Victor Hugo, Stendhal, Picabia, Renoir and Picasso.

And so the first tourist season was born, from autumn to winter. With the advent of paid leave, the season switched to spring and summer. In the days when the first trains brought Queen Victoria of England, Tsarina Maria Alexandrovna of Russia, and the kings and queens of Sweden, Denmark, Belgium and Spain, Cannes was enriched by sumptuous palaces, mansions, big luxury hotels and venues for festivities.

The Croisette, then called Boulevard de l’Impératrice, became a social focal point edging a beautiful bay. Several gaming establishments added an international flavour that appealed to an Oriental clientele of Maharajahs, Sultans and Emirs as well as Western high society. France’s first clay tennis court was built in Cannes by Sir Thomas Woolfield, nicknamed the “Marquis of Carabas”.

**CANNES, CAPITAL OF SOPHISTICATED SPORTS**

Golf became popular from as early as 1890, spurred on by Grand Duke Michael of Russia, who founded the Cannes Golf Club in Cannes-Mandelieu... Sailing, introduced a few years earlier under the aegis of the Duke of Vallombrosa, definitely established its pedigree in Cannes thanks to the Prince of Wales, the future Edward VII, through the prestigious Royal Regattas in the Bay of Cannes. Participants included the crowned heads of England, Russia, Denmark and Sweden. The 20th century transformed the City of Princes into a leading tourism destination on the French Riviera.

Azure, silver and gold, Cannes’s coat of arms reflects the city’s sky, light and sunshine. Around the year 1000, the Abbey of Lérins added two letters: C for “Canna” (Cannes) on the upper left of the shield and A for “Abbatia” (Abbey) on the lower right.

This coat of arms remained unchanged until 1633, when the consuls of Cannes decided, without any authorisation, to replace the two letters (C and A) with two fleur-de-lis, a tribute to the Marquis de Saint Chamond, representing the Governor of Provence.

The silver palm on a field of blue was the Abbey’s emblem. Still present on the coat of arms today, it makes reference to the palm tree on which Saint Honoratus climbed for the sea to clean his island of the snakes infesting it.
At the end of the 1930s the Americans and the British were shocked by interference from fascist governments in the selection of films for the Venice Film Festival, the Mostra di Venezia. They therefore encouraged the idea of an international film festival in France. Possible host towns included Vichy, Biarritz and Algiers, but Cannes won the vote because of “its sunshine and delightful setting” as well as its suitable infrastructure. Presided over by Louis Lumière, the inventor of moving pictures, the 1st International Film Festival in Cannes was to take place from 1st to 20th September 1939. Its aim was “to encourage the development of the cinematographic art in all its forms and to foster a spirit of collaboration between countries that produce films”.

THE CANNES Film Festival from 1939 to today
But it was not until 20th September 1946, in Cannes’ former Casino, that the International Film Festival opened - the first major international cultural event after the war. The first French convention centre was built in 1947 to host this prestigious event. The first Festivals exuded the air of a society, tourism or film event rather than a film competition. The Cannes Film Festival quickly became the quintessential event for film professionals, as well as the annual event with the greatest media coverage. Today, almost 4,000 journalists attend the Festival.
The Suquet & the Old Port

The hill of the “Suquet” is where Cannes began. We suggest you start your tour of Cannes with the old town. You can reach it from various angles, taking steeply sloping narrow streets, crisscrossed with picturesque flights of winding steps where the pedestrian is king.

Visit the ramparts, the Musée de la Castre, the square tower and the church. Admire the view over the city, the port, the Croisette, the Iles de Lérins and a substantial portion of the Bay of Cannes, Forville market with its rows of food shops (butchers, charcutiers, fishmongers, bakers, wine merchants, etc).

The old port unfurls below the Suquet. The oldest section, “Quai St Pierre”, dates from 1838 and accommodates old sailing ships as well as speedboats. In September, sailboats set out from the harbour for the Royal Regattas.

Rue Meynadier

Rue Meynadier is a pedestrian street leading out of the old town of the Suquet. It is full of wonderful food shops like the famous cheese shop Cénéri, the delicatessen Ernest, the delights of Jean luc Pélé, Provencal specialities - and a host of colourful boutiques.

For guided tours of Le Suquet, see “Le Suquet” in the GUIDED TOURS, WALKS AND HIKES section.
Le Palais des Festivals et des Congrès

The history of the “Palais des Festivals et des Congrès de Cannes” is closely linked to that of the Cannes Film Festival. An initial building was constructed on the Croisette to host this leading event in 1947, where JW Marriott currently stands.

In light of the increasing success of the Film Festival, and the emergence of business tourism - notably with the first MIPTV conference back in 1965 – the city of Cannes decided to construct a new Conference Centre in 1979, on the site of the Municipal Casino.

In total, the Palais des Festivals now has 44,000m² of exhibition space and 15 auditoriums. Each year, it hosts over 50 international trade events and 300,000 delegates, making Cannes the second most popular business tourism destination in France.

The Cannes Palais des Festivals et des Congrès is the first European Centre to be triple certified: Quality, Health-Safety, Environment.

Star-studded pavement

Film directors, actors and other international celebrities from the 7th Art now leave a print of their hands and their signature on the Allée des Étoiles du Cinéma, for posterity, like in Los Angeles at the Chinese Theatre on Hollywood Boulevard. Over 300 hand prints have been made so far, to the delight of movie fans and visitors. Admire them in front of Palais des Festivals on Esplanade Pompidou and in the parks.

La Croisette

In 1850, the Croisette was nothing more than a path running parallel to the sea across sand dunes. The Croisette is now an avenue renowned for its prestigious shops and the luxury hotels that have established Cannes' history, including the Carlton, the Martinez, and the Majestic.

See the section on SHOPPING.
Markets

The cool of early morning is the perfect time to take a look around Forville market. The fragrance of thyme, verbena and basil fills the air. The market sellers sing out the virtues of local produce in their lilting accent: tomatoes, olive oil, freshly-caught fish, tasty aniseed biscuits...

A stroll around Forville market is like exploring the whole of Provence, taking a delicious journey steeped in the atmosphere of the South.

PROVENCAL MARKETS
Every day from 7am to 1pm (except Monday).

FORVILLE MARKET
Market gardeners and fishermen sell their produce...
Place du Marché Forville, Cannes

GAMBETTA MARKET
(also on Monday in summer) - Place Gambetta, Cannes

LA BOCCA MARKET
Place du Marché Paul Roubaud, Cannes La Bocca

ANTIQUES

FORVILLE MARKET
Every Monday, 8am to 6pm - Place du Marché Forville, Cannes

LA BOCCA MARKET
Every Thursday, 8am to 12:30pm Place du Marché Paul Roubaud, Cannes La Bocca

LES ALLÉES DE LA LIBERTÉ
Every Saturday & the 1st Sunday of each month, 8am to 6pm

ARTS & CRAFTS
Allées de la Liberté - Saturday & Sunday, 8am to 1pm

MARKETS OF YESTERYEAR
Place Saint Jin-Jin, Cannes - Tuesdays & Friday, 8am to 1pm

FLOWERS
Allées de la Liberté
Every day except Monday, 8am to 1pm, & Saturday, 6:30am to 7pm
Marché Forville
Every day except Monday, 7am to 1pm

CLOTHING

GAMBETTA MARKET
Daily from 7am to 1pm except Mondays in winter.

LA BOCCA MARKET
Saturday, 7am to 12:30pm

Le Port Canto, le Palm Beach, la pointe Croisette

Port Canto was the first private marina in France and remains one of the leading marinas in Europe. It is home to some very fine boats. Palm Beach was built on the ruins of Fort de la Croix in 1929. It hosted grand society events with famous guests such as King Alfonso XIII of Spain, the Aga Khan, Winston Churchill... The film “Melodie en sous sol” (The Big Snatch) by Henri Verneuil (released in 1963) was filmed around the swimming pool. Opposite the Harbormaster, the “Le Baoli” restaurant, the quintessential location for a Cannes night, is a journey of a thousand flavours. At this marina, you can hire of all types of boats with or without a permit.

Not far away, you will discover the splendid Rose Gardens with areas for children.

From the Palm Beach car park, you can use the recently installed viewpoint indicator to admire a unique view over the Ile Ste Marguerite and the Bay of Cannes. A cross indicates the place where the first pilgrims took the boat to visit Ile St Honorat. When it is windy, this is the off-season playground for water sports enthusiasts, particularly kite surfers.

See the Cannes for Children section
Rue d’Antibes

Rue d’Antibes, the former imperial royal road linking Toulon to Antibes, is the ultimate shopping street! To attract the 19th century English colonists, many shops, such as chemists, greengrocers and tailors adopted a Franco-English style. Today, all the major international High Street names are to be found on Rue d’Antibes.

You can also admire its architectural environment, with buildings from the 19th century, beautiful doors bearing the initials of their first owners, ironwork, and sculptures by Pellegrini dating from 1883 at no. 101 as well as the former Cannes theatre with its facades decorated with masks (at no. 104).

See the section on SHOPPING.

Carnot district

An unusual walk for exploring the architectural wealth of a seaside resort in the Edwardian era and the Roaring Twenties. A row of neoclassical, art nouveau, art deco and eclectic blocks of flats, villas and public buildings line a Haussmann-style thoroughfare, 2,600 metres long and 25 metres wide built by a subsidiary of Crédit Lyonnais and inaugurated in 1883.
A short boat ride from the Croisette, opposite Cannes Bay, the Lérins Islands are a welcoming sight. Enjoying an unspoilt natural setting, these beauty spots in the Mediterranean offer visitors a unique combination of flora and fauna as well as an unusual history that includes the mysteries of the Man in the Iron Mask and the calm of Cistercian monks. There is a lot to explore and the boat is waiting: come on board!

**BOAT COMPANIES**

From Cannes, boats for the islands set off from Quai Laubeuf in the Old Port. There are several boat companies:

- **to Sainte-Marguerite island**
  - Trans Côte d’Azur
    +33 (0)4 92 98 71 30 - www.trans-cote-azur.com
  - Riviera Lines
    +33 (0)4 92 98 71 31 - www.riviera-lines.com
  - Horizon IV & Caribe
    +33 (0)4 92 98 71 36 - www.cannes-horizon.com

- **to Saint-Honorat island**
  - Planaria
    +33 (0)4 92 98 71 38 - www.cannes-ilesdelerins.com

**SAINT MARGUERITE ISLAND**

The island nearest to the mainland, ‘Sainte Marguerite’, is famous for the legend of the Man in the Iron Mask and Celto-Ligurian, Roman and mediaeval remains. After a short boat trip from Cannes, you disembark at an outstanding site where nature, culture and relaxation blend harmoniously. The scent of pines and eucalyptus will strike you at once as well as the remarkable variety of activities on the island: a visit to Fort Royal, where the Man in the Iron Mask was imprisoned, and the ‘Musée de la Mer’ in the fort, which explains the island’s maritime history and underwater flora and fauna.

To see: Château Fort, the ‘Musée de la Mer’, the cell of the Man in the Iron Mask and the archaeological digs (see information P12 and P13 ‘Musée de la Mer’)

The ‘Méditerranoscopie’ exhibition area: The aquariums in Fort Royal enable visitors to explore the world of the Mediterranean Sea.

Open from the Easter holidays to All Saints’ Day (at the beginning of November) 10.30 am to 4.30 pm or by arrangement for groups. Tel: 04 93 39 26 80 / 06 77 88 76 58

Other activities: go for a walk on the footpaths, follow the botanical trail or visit the ‘Etang du Batéguier’ (a natural reserve).
SAINT-HONORAT ISLAND
The other island, Saint-Honorat, is home to the Abbaye de Lérins, and was founded in the 5th Century by Saint-Honorat. Steeped in spirituality and history (monastery, fortifications and chapels), the island is owned by a community of Cistercian monks who cultivate vines and produce a wine of renown. The abbey also runs guided tours on various themes. The restaurant, La Tonnelle, serves meals in a natural setting and is open most of the year (closed from mid-November to mid-December).

info Abbaye: +33 (0) 4 92 99 54 24.
See GUIDED TOURS, OUTINGS AND WALKS

Restaurants on the islands

On Sainte-Marguerite island
L’Escale
(Open all year. In winter, fast food and snacks)
+33 (0) 4 93 43 49 25

La Guérite
(Open from mid-April to the end of September)
+33 (0) 4 93 43 49 30 / + 33 (0) 6 17 74 54 01
www.laguerite.fr

On Saint-Honorat island
La Tonnelle
Annual closure from mid-November to mid-December:
+33 (0) 4 92 99 54 08
www.tonnelle-abbayedelerins.com
LE MUSÉE DE LA MER
The Maritime Museum is located in the oldest part of the Fort Royal on Sainte Marguerite, a listed historic monument, overlooking the sea and surrounded by pine and eucalyptus forests. You can explore the State prison and the cell of the Man in the Iron Mask where the mysterious prisoner was imprisoned for eleven years, the murals by Jean Le Gac as well as underwater and terrestrial archaeological finds.

ESPACE MIRAMAR
Espace Miramar, situated on the ground floor of the former ‘Palais Miramar’ hotel, at the corner of La Croisette and Rue Pasteur, is a cultural centre that houses a cinema, large hall and a fine 96m²-exhibition room. The predominant theme is the ‘picture’ expressed through a large number of film screenings and a programme of temporary exhibitions throughout the year. Espace Miramar has a strong identity: photography and, more widely, the visual arts are, in general, the subjects of the exhibitions. Close to the art of the cinema, and so particularly important in Cannes, photography is becoming more and more popular. Enthusiasts will be thrilled to find that the artistic events organized by Espace Miramar and the policy of the museums in the town make up a coherent whole and provide positive guidelines for art in Cannes today.

MUSÉE DE LA CASTRE
Located in the hills of Old Cannes, in the ruins of the medieval château of the Lérins monks, and where the Tour Carrée [the castle keep] and Chapelle Sainte-Anne are classified as historical monuments, the Musée de la Castre overlooks the Croisette, the bay and the Lérins Islands. A series of small rooms surrounded by gardens display collections of 19th Century landscape paintings and items from Oceania, the Americas and the Himalayas, plus a wealth of Mediterranean antiquities and pre-Colombian ceramics.
**LA MALMAISON ARTS CENTRE**
Situated on La Croisette, La Malmaison now hosts four major exhibitions a year. It regularly pays tribute to renowned painters such as Matisse, Ozenfant and Picasso, for whom the French Riviera was an infinite source of inspiration, and internationally renowned 20th- and 21st-century artists such as Miró and César. The intimate setting and the charming proportions of the rooms in the house ensure that these prestigious contemporary collections are displayed to their best advantage and the attention paid to the design of each presentation.

**ESPACE CALMETTE ARCHIVES**
This annexe, housing Cannes archives, runs workshops for children, classes and students all year, as well as guided tours, exhibitions and cultural events linked to the history of Cannes.

**MURALS**
Discover a veritable open-air museum as you stroll along an avenue, street or across a square. Inspired by the 7th Art and the very essence of the Cannes Film Festival, these painted walls portray major movie stars and scenes. Revel in the surprise of coming face to face with Buster Keaton, Marilyn Monroe or Alain Delon. A different way of exploring Cannes’ architectural heritage.
LE MOULIN DE FORVILLE
Come and visit Forville Mill, an old building containing beautiful Provençal furniture, ornaments and costumes. It used to belong to Victor Tuby, a defender of the Provençal language and great admirer of Frédéric Mistral.

Open on the 1st Saturday of the month from 2pm to 6pm, or by appointment for groups - +33 (0)6 63 14 01 68

BELLINI CHAPEL AND PARC FIORENTINA
This chapel is part of the estate of Villa Fiorentina, a famous Italian-style villa dating from the end of the 19th century and one of the residences that “made Cannes’ reputation”. The baroque chapel was built at the request of Count Vitali, whose coat of arms adorns one wall. Since 1953, the chapel has been used to exhibit the works of a very well-known painter and architect from Cannes, Emmanuel Bellini.

67 bis, avenue de Vallauris - Open afternoons from 2pm to 5pm, or by appointment (except Saturdays and Sundays)
Open on Heritage Day. Free admission. +33 (0)4 93 38 61 80.
ST GEORGE’S CHURCH

29, avenue du Roi Albert - Times for Mass at St George’s Church Every Saturday at 5.30 pm.. Open by appointment: Mrs Briand + 33 (0)4 93 43 76 49 and on Heritage Day.

RUSSIAN CHURCH
The Church of Saint Michael the Archangel was erected in 1894 on land donated by Mr and Mrs Tripet-Skrypitzine, wealthy land-owners who founded the neighbourhood. It was opened by Grand Duke Michael, a relation of Tsar Alexander III. It is decorated with pretty icons, gifts from former Russian noblemen who spent the winter in Cannes. Visits can be arranged on Saturdays at 6 pm.

Boulevard Alexandre III - Religious service: Saturdays at 6pm (vigils sung in Slavic) and Sundays at 10am (Divine Eucharist in Slavic, sometimes in French). + 33 (0)9 51 44 45 45

GRAND JAS CEMETERY
Grand Jas Cemetery covers nine hectares and is unanimously considered to be one of the most remarkable cemeteries in France, after Père Lachaise in Paris. It opened in 1866, when the cemeteries in Le Suquet and Le Caroubier could no longer cope with demographic expansion and the increasing arrival of newcomers from the colonies and abroad. Hence the creation of the “Carré Anglais”, an area reserved largely for the English aristocracy.

Thanks to its outstanding geographical location, its landscaped architecture, age-old trees and abundant floral decoration, the cemetery remains a favourite spot for strolling and meditation. Just yield to its majesty and serenity...

Famous graves include: Lord BROUGHAM, Chancellor of England, Martine CAROL, actress, Georges GUETARY, light opera singer, Lily Pons, Jean Mineur, Karl Fabergé and Prosper MERIMÉE, writer.

Information: +33 (0)4 97 06 41 52.
Picturesque, fun and full of surprises...
The team at the Tourist Information Office invites you to discover the treasures one of the world’s most photographed destinations! Enjoy close-ups of Cannes’ wealth of culture, events and architecture as you explore the town on foot, along a new walking path.

Price: €8 per person (buy 3 tickets, get 1 free) - Duration: approximately 2 hrs - Dates and reservations: +33 (0)4 92 99 84 22

Suquet Tour featuring Museums
From June to September, every Thursday & Sunday at 10:30am. Price: €6.30 - From October to June, tours for groups only, by appointment - Info. + 33 (0)4 93 38 55 26
Lérins Islands

**FORT ROYAL TOUR, SAINTE-MARGUERITE ISLAND**
During the tour, you will discover the Royal Fort which was used as a prison from the 17th century. You can then visit the Maritime Museum, which occupies the fort’s main building. This is home to Roman water tanks, the cell of the Man in the Iron mask, the Huguenot memorial, and collections of terrestrial and underwater archaeology (Roman and Saracen wrecks). It also hosts temporary exhibitions. The museum around the ramparts guided tours from June to September (several tours per day). The tour is free upon payment of the admission charge to the Royal Fort (€3.40). +33 (0)4 93 38 55 26

**THE BOTANY TRAIL ON STE MARGUERITE ISLAND**
The national forestry commission (the ONF) organises guided tours throughout the year for groups, by appointment only.
INFOS: +33 (0) 4 93 43 49 24

**LÉRINS ABBEY ON ST HONORAT ISLAND**
During the tour you will discover a spiritual place founded in the 5th century. Lérins Abbey with its seven chapels and ruins from the past. Lérins Abbey runs guided tours and wine and liqueur tastings (for groups only).
INFOS: +33 (0) 4 92 99 54 24
www.abbayedelerins.com
www.abbayedelerins.com

TOURS

Palais des Festivals et des Congrès

The Palais des Festivals opens its doors just for you: discover the legendary Théâtre Louis Lumière which hosts the Cannes Film Festival, the auditoriums and gala hall with its panoramic terrace. Tours of the Palais des Festivals are organised three times a month on average.
Price: €3 per person - Duration: 1hr30 - 25 people max.
There are a lot of steps - Information +33 (0)4 92 99 84 22
Reservations strongly recommended except July and August
Cannes Cinéma Tour

The Movie Train will take you on a guided tour of the two faces of Cannes. From the legendary ‘Palais des Festivals’ to the Forville Provencal market, through the medievel Le Suquet district with its panoramic view of the whole town and the port, the Movie Train takes you on a journey through time and places steeped in history. Set off on the trail of the greatest international movie stars and discover prestigious hotels and luxury boutiques on La Croisette, beautiful beaches in the bay, the Palm Beach, casinos and the all-important Rue d’Antibes.

Times: 9am to 11pm (summer)
10am to 5pm (winter)
Boarding point: Palais des Festivals, beach side
Information: +33 (0)4 93 38 39 18 / +33 (0)6 22 61 25 76
www.cannes-petit-train.com
Siagne Canal

The Siagne Canal was constructed in 1868 to supply the town of Cannes with water. From its source at Saint Cézaire, it winds its way down a gentle slope through the hills of the hinterland, ending up at the peak of La Californie in Cannes.

From Mougins to the observatory in Super Cannes, the canal runs underground, creating a wide footpath. The delightful views of Cannes from the top of Avenue Ziem right to the Route de Vallauris has inspired many an artist. Then, from Avenue Bellini, the route threads its way through mimosa and eucalyptus trees and giant agaves before ending triumphantly with a dazzling panorama of Palm Beach Point and the Lérins Islands. Many years ago, this was a favourite itinerary of winter holidaymakers.

Starting point: upper car park on Avenue Ziem
Duration: 1 hr

& Hikes

La Croix des Gardes

Walk up Avenue Jean de Noailles and you will arrive at the Croix des Gardes Nature Park and Forest, a recognised Sensitive Natural Site. La Croix des Gardes is right in the centre of the town of Cannes, less than 1km as the crow flies from the iconic Croisette. The 80 hectares of forest are now, for the most part, owned by the Coastal Conservatory, and managed by the Town of Cannes. La Croix des Gardes is the town’s lungs, offering walkers a 360° view of Cannes.

As you stroll through the forest, you will come across the path of the 5 belvederes (Maquis, Roquebillière, La Croix, Cèdre and Brougham), arranged to offer you different views over the Bay of Cannes, its islands, the Estérel Massif and the foothills of the Alpes d’Azur.

You can also follow botanical trails through an arboretum featuring over 40 types of mimosa. Sportsy visitors will enjoy the outdoor keep-fit trail. The 1.2-km circuit is dotted with exercise equipment.

Basic rules: Do not smoke, do not pick the flowers.

Traditionally, La Croix des Gardes is also the neighbourhood favoured by the British community. It contains some prestigious residences: Villa Éléonore (Lord Brougham), Villa Victoria (Sir Thomas Robinson Woolfield), Beausite, Villa Rothschild and Parc Vallombrosa.

Free guided tours (minimum 8 people) Tel: 06 15 51 28 27
From La Croisette promenade to the heights of Le Suquet, at least 300 restaurants and representatives of ‘Haute’ gastronomy, gourmet locations, brasseries, bistros and other eating places are part of life in Cannes today.

Ask for the Restaurant Guide at the Cannes Tourist Office.

Come and taste fresh products with Mediterranean flavours in our beachside restaurants.

Light and airy spaces between sun and sea which promise serenity and intense pleasure.
La Croisette

The 3km of the famous Croisette is lined with well-known haute-couture boutiques such as Chanel, Dior and Yves-Saint-Laurent, luxury off-the-peg brands like Armani and Céline, prestigious jewellers including Cartier, Chopard, Ferret and Fred, and luxury names in leather good such as Fendi, Gucci, Hermès, Vuitton, Ferragamo, Lancel...

See the DISCOVER section

Rue Meynadier

Since the 16th century, the "Grande Rue" or rue Meynadier, has been used by horses or carriages. Today, only pedestrians walk along it, following their desires on this busy shopping street where the butcher’s sits alongside the cheese maker and fashion is surrounded by local products. Let yourself be seduced by its charm and captivated by the places that will lead you straight to the Suquet.

Rue des États-Unis

This shopping street runs perpendicular to Rue d’Antibes and the Croisette. Recently renovated, it is home to famous hairdressers such as Jean-Louis David, Jean-Claude Biguine and Lorenzo Così, plus luxurious home decoration shops.
Rue d’Antibes
The jewel in Cannes’ shopping crown, parallel to the Croisette. Rue d’Antibes stands out because of its elegance with an urban feel, accentuated by recent renovations. It vies with La Croisette, offering a myriad of beautiful shops: perfumeries, jewellers, florists, fashion boutiques, confectionery, tea rooms, beauty institutes, home decoration shops… All of France’s favourite High Street names are there...

See the DISCOVER section

Rue du Commandant André
Located in what is known as the town’s Golden Square between Rue d’Antibes and the Croisette (Dior boutique on the corner), this street is interesting both day and night. Explore the boutiques selling off the peg, swimming costumes and jewellery and enjoy a break in one of the town’s most stylish and festive restaurants and lounge bars.

Rue Hoche
Come and stroll along Cannes’ trendiest street, bursting with restaurants and cafés, home decoration shops, hairdressers, hotels and fashion boutiques. It’s just 250m from the station, at the heart of the town centre, and just a stone’s throw from Palais des Festivals. The trendiest pedestrian street in Cannes.

La Bocca
The La Bocca district located 50 metres from beaches of the Midi, the favoured site for large holiday complexes, has retained its authentic charm. All types of shops and the Provencal market give this district a village feel, where tourists and locals rub shoulders in the streets, bars, restaurants and shops in a friendly atmosphere.
In addition, Cannes offers a variety of ways for revitalizing your body or simply relaxing. Fresh water treatments, massages, sauna or hammam; you are sure to find a treatment to suit you. Choose from the list of centres, available soon from the Tourist Office.

Thermal Cures, Thalassotherapy or Spa ... What if you decided to treat yourself?

Cannes is a natural well-being destination thanks to its mild climate, the sunshine, the beauty of the landscape and its location on the Mediterranean.

Indeed, the sea is a living, beneficial element, used in specific treatments, rich in trace elements, to restore energy, muscle tone, peace and calmness. In Cannes, you can try these treatments.
The full list of sporting clubs and associations is available on the website www.cannes.com under the section “Cannes my city” then “sports”.

## TENNIS

### ASLM Cannes Garden Tennis

99, avenue Maurice Chevalier  
Cannes La Bocca  
Tél. : +33 (0)4 93 47 29 33  
Open year round except when raining

### Cannes Tennis Club

11, rue Lacour  
06400 CANNES  
Tel. : +33 (0)4 93 43 63 57
‘Bouledromes’ are public areas; open to the public, for learning or playing the French game ‘Pétanque’. Complete list on www.cannes.com

**Espace Troncy-Bouledrome Jean Béraudo**

150 avenue Michel Jourdan
06150 Cannes La Bocca
Tel:+33 (0)4 93 47 30 03

**Bouledrome des Allées**

Allées de la Liberte Charles de Gaulle
06400 Cannes
Tel:+33 (0)4 93 47 30 03

**Bouledrome de l’Etang**

Place de l’Etang - 06400 Cannes
Tel:+33 (0)4 93 47 30 03

**Bouledrome Louis Braille**

Rue Louis Braille - 06600 Cannes
Tel:+33 (0)4 93 47 30 03

**Bouledrome Henri Bergia**

Place Henri Bergia - 06400 Cannes
Tel:+33 (0)4 93 47 30 03

**Bouledrome Mont Chevalier**

Square Musso - Rue Saint-Dizier
06400 Cannes
Tel:+33 (0)4 93 47 30 03

**CYCLE TRACK**

Free cycle track (helmet and third party liability insurance required)

Avenue M. Chevalier - 061150 Cannes La Bocca

From September to the end of June:
Monday 2 pm to 6 pm
Tuesday and Thursday 8 am to 8 pm
Wednesday and Friday 2 pm to 8 pm
Saturday 8 am to noon and 2 pm to 6 pm
Sunday 8 am to noon
Summer timetable starts at the beginning of July, to be finalized in June

**MULTI-SPORTS GROUND**

MJC Picaud Multi-sports ground open to everyone

Avenue Du Docteur Picaud
06400 CANNES
NAUTISME

1 - Boats, catamarans, surf boards, kayak etc for hire...
   Group or private lessons.

Cannes Jeunesse
Base Nautique, Port du Mouré Rouge
Tel: + 33 (0)4 92188888
www.cannes-jeunesse.fr
Open year round, Monday to Saturday, 9am to 12pm & 2pm to 5pm.
Cannes jeunesse is open to all, applying educational principles to sporting, scientific, cultural and outdoor activities organised in its three activity centres: water sports centre/activity centre/Fort on St Marguerite Island. In summer, beachside hire all year round from 9h30 to 18h.

Club Nautique Croisette
Bd Croisette - Ouvert toute l’année
Tel: + 33 (0)4 93430940
Tel: + 33 (0)4 93390184
www.club-nautique-croisette.fr

Club Mer & Montagne
Petit Port Bijou - Palm Beach - agyrh@free.fr.
Tel: + 33 (0)6 81252853
Open year round.

Cannes Jet Location
Port du Béal, 110, bd du Midi - Cannes La Bocca
Tel: + 33 (0)6 23398989
Open from 1st May to late September.

Palm Beach Surfing
Plage Palm Beach, Boulevard Gazagnaire
Tel: +33(0)6 64992815 / www.palmbeachsurfing.fr
Open 15 June to 15 September.
Mini-club for children (age 6 to 16) in July & August.

2 - Boat hire without permit
   Daily or weekly hire

Boat Evasion
Bd du Midi, port de Béal
Tel: +33 (0) 6 26591077 / +33 (0)6 09847334
contact@boatevasion.com
Open from April to mid-October, by appointment in winter.
www.location-bateaux-cannes.com
www.boatevasion.com

Absolute Boat
Tel.: + 33 (0) 6 11 73 30 56 , + 33 (0) 6 25 09 50 83
www.absoluteboat.com / contact@absoluteboat.com
Daily or weekly hire.

Locarama
Port Pierre Canto / Cannes
Tel: 0892 681 185 (+ 33 (0) 4 93 94 45 81)
Fax: + 33 (0) 4 93 94 04 75 / + 33 (0) 4 93 43 68 20)
Mobile : + 33 (0) 6 12 77 86 24
www.locationdebateaux.com - locarama@wanadoo.fr

Poli Naval
Port Canto à Cannes
Tel: + 33 (0) 4 93 43 60 00 / Fax: + 33 (0) 4 93 43 09 65
www.poli-naval.fr
3 - Sailboats for a ride out to sea with skipper

Folly Too
Le Quai St Pierre - D’avril à fin octobre
Tel: +33 (0)4 93 43 4880 / +33 (0)6 20 69 27 13
www.rent-follytoo-boat.com

La Clé de Sol
Le Quai St Pierre - Ouvert toute l’année
Tel: +33 (0)6 07 35 01 67
www.lacledesol.com

Rivage Croisière Catamaran
Catamaran à Voile
Quai des îles - 06400 Cannes
Tel: +33 (0)4 92 98 71 31
Fax: +33 (0)4 93 38 69 02
www.rivage-croisiere.com
contact@rivage-croisiere.com

4 - Towed water-sports

In the summer, the pontoons on La Croisette, Bd Jean Hibert and the ‘Plages du Midi’ are centres for towed water sports.

If you are an experienced water skier or a beginner, if you would like to try parasailing, wake board, etc... pontoon operators will be delighted to arrange an outing.

Most of the pontoons operate at the weekend in June and September from 10 am to 6 pm and every day in summer from 10 am to around 7 pm.

The list of water-based activities is available from the Tourist Office on request.

5 - Kite Surf
Area open to everyone for Kite Surfing.
Palm Beach Car Park – Pointe Croisette

6 - Stand up paddle

Island surf shop
25 av Reine Astrid - 06400 Cannes
Tél.: +33 (0)4 93 43 48
www.island-feeling.com
Hire for an hour, day or week.

Cannes Stand up paddle location
Plage du Mouré Rouge Boulevard Gazagnaire
Tel: +33 (0)6 82 17 08 77 - www.cannesstanduppaddle.fr
Hire for half an hour, hour, day or week.
7 - Diving

**Aqua Évolution**
Dive Centre - For children age 8 and up  
2, rue Esprit Violet - www.aqua-evolution.fr  
Tel: +33 (0)4 93 43 60 42 / +33 (0)6 37 78 30 85  
Open daily year round.

**Plongée Club de Cannes**

10, rue de la Rampe (bureau administratif)  
Bateau « SYLPA », Quai St Pierre  
From 12 years : open from April to December.  
Tel: + 33 (0)4 93 38 67 57 / + 33 (0)6 11 81 76 17  
www.plongee-sylpa.com

**Cannes Fun Dive**

Port Canto  
Tel: + 33 (0)6 60 80 59 18  
Open 15 June to 15 September.  
www.tdafundive.com

**Nemo Plongée**

Dive Centre - For children age 12 and up  
Bateau Port Pointe Croisette  
Tel: +33 (0)4 93 70 49 97 ou +33 (0)6 73 34 54 65  
www.nemo-plongee.org

**Les Amis de Neptune**

Siège social: 2, avenue de la verrerie  
06150 Cannes la Bocca  
Bateaux : Quai St Pierre & Port Canto - Cannes  
Tel: + 33 (0)6 58 14 60 55  
Sport fishing or spearfishing in apnea.

8 - Beach Volley

Opposite Square Mistral Brougham (beach No.32)  
Opposite the Thales Alenia Space Building (beach No.34)

9 - Piscine, Swimming, Aquagym

**Piscine Municipale**

Pierre de Coubertin  
2, avenue Pierre Poési - Cannes La Bocca  
Tel: + 33 (0)4 93 47 12 94  
Swim School in seawater with qualified instructors State, private swimming lessons and group watersea for children (from 3 years) and adults, water aerobics.

**Club des Dauphins**

Ouvert du 15 juin au 15 septembre  
Tel: + 33 (0)6 14 42 50 42  
www.club-des-dauphins.com  
Children age 3½ and up.  
Outings by boat for swimming at sea.

**Ecole de natation plage Baoli Beach**

Open from early June to 15 September.  
Tel: +33 (0)6 51 39 12 74

10 - Riding Schools

There are numerous riding schools near Cannes.  
The complete list of riding schools is available from the Tourist Office on request.
GOLF COURSES

Whether you are a beginner or experienced player, you can try the most beautiful 18-hole courses around Cannes. There are 10 golf courses only a few kilometres from La Croisette so you can savour the pleasure of playing as much as you like in beautiful natural surroundings... The Golf Festival... is in Cannes!

The complete list of golf is available from the Tourist Office on request.

CINÉMAS

Cinema programme on the website: www.allocine.fr

Olympia
9 salles - 5, rue de la Pompe
Tel: +33 (0)8 92 68 00 29 / +33 (0)4 93 39 13 93

Le Star
4 salles - 98, rue d’Antibes
Tel: +33 (0)8 92 68 75 35 / +33 (0)4 92 98 08 80

Les Arcades
3 salles - 77, rue Félix-Faure
Tel: +33 (0)4 93 39 00 98 / +33 (0)4 93 39 10 00

Studio 13
2 salles - 23, avenue du Docteur-Picaud
Tel: +33 (0)4 93 06 29 90

Salle Raimu
Avenue de la Borde
Tel: +33 (0)4 93 47 21 16

LIBRARY

99 avenue Maurice Chevalier - Cannes Garden Tennis Club
06150 Cannes la Bocca
Tel: +33 (0)4 93 48 22 41
Tel: +33 (0)6 33 90 09 31
aslmskicannes@wanadoo.fr
www.aslmswickannes.com
Open from November to late April.
Open Wednesdays and Thursdays 5pm to 7pm.

ASLM

A 60- to 90-minute drive takes you to a wide range of resorts in the Alps: Gréolières, La Colmiane, Auron, Isola 2000...

CANNES MEDIA LIBRARY
http://mediatheque.ville-cannes.fr

Cannes Media Library
Open from Tuesday to Saturday, 10h to 18h, in summer from 8h to 15h. Closed between 12h and 14h for the children’s section, video library and record library.
Available: books, magazines, newspapers, audiovisual products (CD, DVD, CD-ROM...).
1, avenue Jean de Noailles, Cannes
Tél.: +33(0)/4 97 06 44 83

Ranguin Media Library
From Tuesday to Saturday from 10h to 18h.
19, avenue Victor Hugo - Cannes La Bocca
Tel: +33 (0)4 97064990
Since the start of the 20th century, the Town of Cannes has been Europe’s gambling capital, with Black Jack, Texas Hold’Em and roulette. From the tip of the Croisette to Palais des Festivals, Cannes is the only place in France with three casinos offering an unrivalled range of venues dedicated to entertainment: Palm Beach, Casino Croisette, Casino Les Princes. Each establishment strives towards sophistication and elegance to satisfy players from around the world. In Cannes, one thing is sure: the thrill of the game owes nothing to chance!

Casino Barrière Croisette
1, Espace Lucien Barrière - Palais des Festivals
Tel: +33 (0)4 92 98 78 00
www.lucienbarriere.com

Palm Beach Casino
Place Franklin Roosevelt
Tel: +33 (0)4 97 06 36 90
www.lepalmbeach.com

Casino Barrière Les Princes
50, boulevard de la Croisette - JW Marriott
Tel: +33 (0)4 97 06 18 50
www.lucienbarriere.com

GAMING ROOMS

Le Mylena (Pool)
84, rue Georges Clémenceau
06400 Cannes
Tel: +33 (0)4 93 39 20 97
cafe-mylena3@orange.fr

Cannes Bowling
189, avenue Francis Tonner
06150 Cannes la Bocca
Tel: +33 (0)4 93 47 02 25

Laser Quest (Shooting simulation)
28, avenue des Arlucs
06150 Cannes La Bocca
Tel: +33 (0)4 93 47 50 90
www.lqcannes.com
Details of water-based activities are available from the Cannes Tourist Office.
EXCURSIONS in the area

You can spend a half or a full day exploring the hinterland around Cannes with its charming hilltop villages.

Le Cannet, Mouans-Sartoux, Mougins, Grasse, Gourdon

Located just 2 km from Cannes in the middle of seven gently rising hills, Le Cannet has a panoramic view from the Lérins Islands to the Estérel Massif. There are easy, pleasant walks among pines, olive trees, mimosa, orange trees and eucalyptus. Le Cannet has a rich cultural and artistic heritage as is borne out by the presence of a museum devoted to Pierre Bonnard, Notre-Dame-des-Anges and Saint-Sauveur chapels (decorated by Tobiasse), the church of Sainte-Catherine, Peynet’s ‘Mur des Amoureux’ and Vieux-Cannet (the old town). The town of Mouans-Sartoux stands out mainly for its château, built at the end of the 15th century. Home now to the “Espace de l’Art Concret”, it has become a permanent and internationally renowned centre for contemporary art.

Mougins is a small village of artists and craftsmen, also famous for its restaurants and food. Discover superb stone houses at the heart of a village whose charm cannot be denied.

Grasse is the world’s perfume capital and reputed for its famous perfumeries: Fragonard, Galimard, Molinard (free guided tours). Explore the medieval Old Town and the entirely renovated perfume museum as well as the excellent museum of Art and History of Provence.

A hilltop village offering 80km of breathtaking panoramas stretching from Nice to Théoule, Gourdon is an ideal spot for nature lovers. To discover a unusual natural heritage, enjoy a walk through the Loup Gorge.
Vallauris & Antibes old town

A town of artists, pottery first appeared in Vallauris in 1501 and rapidly becomes its main activity. Since Picasso’s spell here, from 1948 to 1955, other forms of art, such as ceramics and linocut, have also been adopted. The town boasts a large number of art studios and galleries, including the Picasso “War and Peace” Museum.

Old Antibes is home to one of the main museums in the Alpes-Maritimes: the Picasso Museum, inside Château Grimaldi. Stroll through the Old Town’s narrow streets soaking up its typical Provençal charm and admiring the ramparts, not forgetting the cathedral.

Saint-Paul de Vence, Vence

Utrillo, Derain, Soutine, Signac, Modigliani and Matisse were all bewitched by the beauty of Saint-Paul’s landscapes and the quality of the light, capturing them on their canvasses and attracting other artists, writers and show biz stars. In the space of a few decades, Saint-Paul has become an artists’ Mecca. The village is a veritable “living museum” with no entry charge! It is also home to the Fondation Marguerite & Aimé Maeght, a unique venue dedicated to art. Artists moved into nearby Vence, marking a period of revival for the town. In its walled Old Town, Vence has preserved amazing souvenirs from a very rich history: Roman ruins, ramparts, watchtowers, the remains of the Bishop’s Palace, the château of the Lords of Villeneuve, squares, fountains and the treasures in its cathedral.

Nice

Beneath the Baie des Anges, “Nikaia” will delight you. Stroll along the 8km of its Promenade des Anglais alongside the turquoise waters of the Mediterranean. Let yourself be charmed by the lively streets of its old town with the ochre and red colours of the Comté de Savoie. Walk its shopping streets, starting in the Place Masséna and don’t miss its many museums (Mamac, Matisse, Chagall, Masséna, Beaux Arts, Naïve Arts, Asian Arts…..). Travel through its various districts and discover evidence of the Romans, the Baroque era, the English winter visitors of the 19th century, the Russians (Russian Cathedral) the richness and diversity of which will surprise you.

Les Grottes de Saint-Cézaire & Saint-Vallier de Thiey

Emark on an adventure in caves above Grasse, not far from Cannes, and explore this original and fun natural setting.
Biot

Biot is a delightful village just a few kilometres from the sea, perched on top of a hill against a perpetual backdrop of flowers. Biot became famous all over the world for its ceramics and bubbled blown glass. It boasts 8 glass studios, a glass museum, an international glass gallery, countless art galleries (paintings, glass, sculptures), a pottery (employing traditional Provençal techniques), ceramicists, silversmiths and mosaicists. Below the village, the Musée National Monographique Fernand Léger.

La Corniche d’Or

Leaving Cannes, take the Boulevard du Midi along the sea towards Saint-Tropez. Soon, Mandelieu La Napoule, capital of the mimosa will appear with its medieval castle rebuilt in the 20th century by an American billionaire artist, Henry Clews. At the end of the Bay of Cannes, Théoule sur Mer, a seaside resort, dotted with sandy beaches and coves. Follow the road cut into the red rock of the Esterel Massif, the Corniche d’Or snakes alongside the indigo blue water of the Mediterranean Sea to St. Raphael.
Èze & Roquebrune-Cap-Martin

The old village of Èze is an eagle’s nest perched at 429 metres above sea-level. The village’s tiny streets thread their way below the ruins of a medieval château. Many artists and craftsmen today occupy the cellars and ground floors that were once stables or sheepfolds. A fortified double gate dating from the 14th century marks the entrance to the old village.

The very pretty small town of Roquebrune-Cap-Martin can be seen as a bridge between Monaco and Menton. The old part of the village, wrapped around its fortress up above, is a glorious tangle of narrow alleys, covered streets, stairways, narrow passages, fountains and niches.

Saint-Tropez

Saint-Tropez grew around its 15th-century citadel to become a small fishing village by the beginning of the 20th century. It was the first town to be liberated during the Landing in Provence and became an internationally recognised seaside resort as early as the 1950s, thanks to the enthusiasm of New Wave artists. It thrived with the ’60s scene, eventually becoming a holiday destination for the European and American jet set and for tourists in search of Provençal authenticity... or celebrities!

Monaco, Menton

Monaco has always been a particularly popular tourist destination thanks to its Mediterranean climate and its many luxury hotels. Each year, it hosts the Formula 1 Grand Prix, a leading event on the French Riviera. There is also the old part of Monaco, with its cathedral and hanging gardens, not forgetting the famous Oceanographic Museum.

A few kilometres from Monaco, on the Italian border, stands Menton, a harmonious blend of nature and culture. The town of gardens and lemons is also a town of art and history; Menton is proud of its outstanding natural and historical heritage. From the cliff roads overhanging the town, one can admire the picture postcard scene of a seaside town bathed in warm sunshine all year round.

You can also use these services to discover local festivities, temporary exhibitions, villages and the Italian markets. Information available from the Tourist Office.

**Loisirs Animation**

T: +33 (0)6 12154827 / +33 (0)4 92190677
http://loisirsonanimation.com
www.excursions-azur.com

**Allo Taxi Cannes**

Tel: +33 (0)890712227
Booking 48h: +33 (0)892780028
www.taxicannes.fr

**SNCF**

Nº vert: 0800 11 40 23
www.ter-sncf.com/Regions/Paca/fr

**Bus Azur** (Cannes and surrounding areas)

www.busazur.com - Tel: +33 (0)825825599
TAM (region): www.cg06.fr
Tel: +33 (0)800 06 01 06
Museum workshops
(outside zone B school holidays)
One day, one work for young people from 7 to 13 years of age, every Wednesday and Saturday after midday at the Musée de la Castre.
For children from 5 to 7 years of age, every Wednesday morning at the Musée de la Mer, Royal Fort of Île Sainte-Marguerite.
Request the quarterly program for Museum Workshops at the Tourist Office.
Tel: +33 (0)4 93385526 - www.cannes.com

Holidays at the Maritime Museum
For young people from 7 to 13 years of age.
School holidays: Toussaint, Winter, Easter (zone B only) and summer holidays.
Musée de la Castre (half days) — Musée de la Mere (days)
Request the quarterly program for Museum Workshops at the Tourist Office.
Tel: +33 (0)4 93385526 - www.cannes.com

Organize your birthday party at the ‘Musée de la Castre’ or ‘Musée de la Mer’!

MJC PICAUD
23, avenue du Dr Picaud
Tel: +33 (0)4 93062990
www.mjcpicaud.com
Rides for Children
Treat your children to a ride on “Carrousel 1900” or “Cannes 2000” located on the Croisette, close to the famous Palais des Festivals. They can also experience the joys of driving in “the little boats of Cannes”, Square Reynaldo Hahn

Cannes Rallye
Games for children, trampolines, bumper cars, climbing frames, etc.
Port Canto - La Croisette - Tél. : +33 (0)4 93 43 09 88

Fun City
A huge, undercover play park totalling over 1,200m². FUN CITY offers a hundred or so fun activities, a restaurant and an area where parents can relax with magazines and free wi-fi.
47, avenue Maurice Chevalier - Cannes La Bocca

Boomiland
Amusement park with a 1000 m² covered air-conditioned play area.
144 chemin de la Plaine - 06250 Mougins
Tél. : +33(0)4 92 99 28 97 - www.boomiland.fr

Marineland
This Park, unique in France, presents the wonders of the world of the sea with majestic shows combining killer whales’ power and grace, dolphins’ speed and acrobatics and all the sea lions’ pranks. You can also discover new shows featuring birds of prey and macaws.
N 7, 306, avenue Mozart - Antibes
Tél. : +33 (0)4 93 33 49 49 - www.marineland.fr

Wild West Farm & Adventure Golf
The world of the Wild West Farm is brimming with attractions: makeup studio, pony rides, Playmobil playground and entertainment, Urban Aventure. The mini-golf features 3 courses for the whole family.
N 7, 306, avenue Mozart - Antibes - Tél. : +33 (0)4 93 33 49 49

Parc Phoenix
Parc Phoenix takes you on a fabulous journey to the land of natural wonders. Walk through the tropical forest in one of Europe’s largest greenhouses, flowers by the thousands, theme gardens with sound effects, fishes, birds and iguanas roaming free, plus activities and exhibitions for the whole family.
405, promenade des Anglais - Nice
Tél. : +33 (0)4 92 29 77 00

Many more attractions are also available on the French Riviera.

FUN FAIRS

PUBLIC PARKS FOR CHILDREN
During your walks, take advantage of a stop in one of the many parks equipped to delight the smallest people.

JARDIN DE LA FERME
The Jardin de la Ferme opened in 1973/1974, at the same time as the sports complex [swimming pool] to provide the many children in the neighbourhood with a play park - Av. Pierre Poesie - Cannes La Bocca

SQUARE D’AURÈLE
A neighbourhood square with a play park and grass for relaxing.
22, rue Aurélienne - Cannes La Bocca

SQUARE DE MORÈS
7/9, avenue Francis Tonner - Cannes La Bocca

SQUARE MÉRO
Former name: “Jardin des eaux” - Av. de Grasse - Cannes

JARDIN DES OLIVIERS
Formerly the grounds of the old Villa Vera, they were converted into a public park when the Oliviers swimming pool was constructed Av. Bénéfial - Cannes

SQUARE RENÉ CASSIN
Avenue Maréchal Juin - Cannes

SQUARE FRÉDÉRIC MISTRAL
Boulevard Jean Hibert - Cannes

SQUARE REYNALDO HAHN
Esplanade Pompidou was constructed in the ‘80s as part of the redevelopment of area on the Croisette in front of the new Palais des Festival. Located on the Croisette and home to wonderful merry-go-rounds - the “Carrousel 1900” and “Cannes 2000”.

JARDIN DES HESPÉRIDES
Avenue de Lérrins - Cannes

SQUARE DU PRADO
Boulevard de la République - Angle rue du Prado - Cannes

CHILD CARE SERVICES

KIDELIO
Hire of infant safety seats, pushchairs, folding beds, playpens, highchairs and all the children’s equipment you will need for your stay [hire from 3 days to 6 months] - T: +33 (0)9 54 80 62 64 - www.kidelio.com

Babysitting
AXION SP 29
29 Boulevard de La Ferrage (4e étage)
T: +33 (0)4 92 98 48 25 / +33 (0)6 99 72 27 77

YOOPALA
1 rue d’Antibes - T: +33 (0)9 88 77 66 80
Monday to Friday - 9am to 6pm

INITIATIVE EMPLOI - PROXIM SERVICES
5, rue Bomilol - T: +33 (0)4 93 39 00 63

QUOTIDIEN PLUS
11 avenue du Camp Long - T: +33 (0)6 10 49 07 95

BUREAU INFO JEUNESSE
3 rue Georges Clémenceau - T: +33(0)4 97 06 46 25
Highlight the night Scenery by creating a spectacular world of light for architecture and plants. La Croisette becomes truly magical after nightfall, with shimmering colours lighting the way.

The Month in Cannes: a monthly newsletter giving full information on events during the month. Look them up as well on www.cannes.com.
Alongside its global reputation for the Cannes Film Festival and other international events (Midem, Mip TV, Tax Free, etc), Cannes has also developed a rich programme of entertainment, leisure activities and festivities. Not forgetting the top quality music schedule which helps to make Cannes a true cultural capital. In the autumn season “Sortir à Cannes” takes over from the summer season’s “Eté à Cannes” presenting the classical music of the Nuits Musicales du Suquet, Jazz Domergue and music concerts featuring present day music, particularly those at the Pantiero (electro).

Make sure you don’t miss out, visit the official website www.palaisdesfestivals.com for full details of the many concerts organised each year in Cannes. Or ask at the Tourist Information Office for a list of the year’s concerts.

LE MIDEM
JANUARY
International trade fair for the music industry, reserved for professionals. Midem Festival: numerous concerts open to the public. www.midem.com

CANNES SEMI–MARATHON
FEBRUARY
Get all the details and register with Cannes’ athletics club. www.athle-cannes.com

GAMES FESTIVAL
FEBRUARY
The biggest games festival in the French-speaking world, dedicated to all the different aspects of the world of games. Great classics, forgotten or little-known games, games from near and far, simulation and board games, and finally console and computer games - the Festival has a lot of surprises lined up for you. www.festivaldesjeux-cannes.com
CANNES SHOPPING FESTIVAL
APRIL
The Cannes Shopping Festival celebrates shopping in all its forms. With a festive programme lasting four days, this event means shows, fashion parades, gastronomy, nightlife, culture...
www.cannesshoppingfestival.com

CANNES FILM FESTIVAL
MAY
See NOT TO BE MISSED and HISTORY OF THE FILM FESTIVAL
www.festival-cannes.com

CANNES INTERNATIONAL SHOW JUMPING COMPETITION
JUNE
One of the most elegant riding events in the world. The Cannes International Show Jumping Competition is a key event in the official calendar, offering the largest prize in Europe and attracting the best riders.
www.jumpingcannes.com

ACTING PERFORMANCES
JUNE
One (wo)man show, visual shows, stand-up comedians, musical humour, clowns, classical theatre, magic, contemporary theatre
www.performanceacteur.com

JAZZ A DOMERGUE
AUGUST
In the Mediterranean gardens of the villa owned by the great painter Jean-Gabriel Domergue, suspended between the sky and the sea, where plants exude the heavy fragrance of the height of summer...the artists are so close to the audience that their talent reaches out to our five senses. In July and August: exhibitions and summer concerts. Programme on request.
Av. de Fiesole, Cannes - Tel. +33 (0)4 97 06 44 90
www.palaisdesfestivals.com

FIREWORKS FESTIVAL
14th, 21st, 29th JULY
& 7th, 15th, 24th AUGUST
www.festival-pyrotechnique-cannes.com

LES NUITS MUSICALES DU SUQUET
JULY
Festival in the square in front of the church of Notre Dame d’Espérance and in the courtyard of the ‘Musée de la Castre’.
An eclectic selection, with both classical and contemporary music.
www.palaisdesfestivals.com

LES PLAGES ÉLECTRO
JULY-AUGUST
+33 (0)6 19 92 29 29
www.plages-electroniques.com
www.myspace.com/lesplageselectroniques
FASHION PHOTOGRAPHY EXHIBITION
JULY-AUGUST

PANTIERO FESTIVAL
AUGUST
New musical trends in the international electronic scene
www.festivalpantiero.com

FESTIVAL OF RUSSIAN ART
AUGUST
Five consecutive days of artistic expression: dance, music, cinema, as well as crafts, fashion and Russian cuisine.
www.palaisdesfestivals.com

BOAT SHOW
SEPTEMBER
The biggest boat show in the Mediterranean.
www.salonnautiquecannes.com

THE ROYAL REGATTAS
SEPTEMBER
Each year, the Royal Regattas bring together over 150 yachts of all sizes and over a thousand crewmembers.
www.regatesroyales.com

WINE HARVEST IN CANNES
OCTOBER
Combine the pleasure of tasting the best vintages from regional vineyards and discovering the new fashion collection. 6 pm to 10 pm, on presentation of a VIP Pass, sent directly by the boutiques to their customers.

BIENNIAL DANCE FESTIVAL
NOVEMBER
This major event was set up in 1984 by Cannes under the presidency of Rosella Hightower and for many years has been considered one of the major choreographic events in France. The programme chosen by Frederic Flamand, Artistic Director and Director of the ’Ballet National de Marseille’, is made up of five or six international creations each year, new French works and discoveries, all supported by the great names in the dance world.
www.festivaldedanse-cannes.com

THE NICE-CANNES MARATHON
NOVEMBER
www.marathon06.com/inscriptions.htm

LÉRINS ISLANDS CROSS-COUNTRY RACE
DECEMBER
www.athle-cannes.com

SWIM TO THE ISLANDS
SEPTEMBER
See all the details and sign up on:
T +33 (0)4 93 47 03 54 - www.athle-cannes.com
GETTING HERE, GEOGRAPHIC LOCATION

By car: A8 motorway exit no 42 (Mougins-Cannes) or 41 (Mandelieu-Cannes la Bocca).

By air: Nice Côte d’Azur Airport, 30km from Cannes. Express Autoroute coach no 210 between Cannes and the Airport
Freephone number: 0800 06 01 06

By train: www.sncf.fr
Or www.ter-sncf.com/paca
From France: 3635
From abroad: Tel.: +33 (0) 892 35 35 35

TRAVELLING IN AND AROUND CANNES

Bus Azur serves the communes of Cannes, Le Cannet and Mandelieu la Napoule.

BUS STATION
Place Cornut Gentille - Tel.: +33 (0)4 93 45 20 08
Indigo number: 0825 825 599 - www.busazur.com

ELO (electric shuttle): Town Hall, La Croisette, Rue d’Antibes via the SNCF railway station.

PENINSULA: Pont des Gabres Bd Général Vautrin, Gazagnaire, Claude Pons, Pont des Gabres Avenue Maréchal June, Gallia, Pont des Gabres Général Vautrin.

BUS N°8: Quai Laubeuf, La Croisette, Palm Beach.

Thanks to the Azur Ticket for just €1, you can travel on two successive transport systems for a journey with a transfer between one of the Regional Council’s TAM lines to one of the following systems: Envibus, Sillages, Lignes d’Azur, Bus Azur, Bus Varmer, Communauté de la Riviera Française.

PARKING

CAR PARKS

Subscription and special packages available in some car parks.
Bureau administratif, 7, rue Louis Pastour 06400 Cannes Tel.: +33(0)4 93 38 52 12 www.interparking-france.com

During the year, 1st hour free in the Suquet, Forville, République, Vauban car parks.
September to June: 1st hour free in the Ferrage, Lamy, Croisette car parks

Evening rate: 7pm to 2am, €5.50 [valid in the following car parks: Forville, Ferrage, Lamy, Croisette, Vauban, République, Palais des Festivals]

Special rates for shows in the “Going out in Cannes” season at the Palais des Festivals: purchase the ticket for the show and parking at the Palais des Festivals ticket office.
USEFUL CONTACTS

Concerts, Shows and Conferences

Palais des Festivals & des Congrès
1 bd. de la Croisette
www.palaisdesfestivals.com
Tel: +33(0)4 9298 6277

Théâtre de la Licorne - 25, av. F. Tonner
www.madeincannes.com
Tel: +33(0)4 9348 9734

Théâtre Alexandre III - 19, bd. Alexandre III
www.theatredencannes.com
Tel: +33(0)4 9394 3344

MJC Picaud / Studio 13 - 23, av. du Dr Picaud
Concerts, shows and films all year.
www.mjcpicaud.com - Tel: +33(0)4 9306 29 90

Orchestre de Cannes
www.orchestre-cannes.com
Tél. :+33(0)4 92 98 62 77

Connaissance du monde
Travel reports, documentaries, educational documentaries. Talks and films produced by the travel writer.
www.connaissancedumonde.com
Tel: +33(0)8 92 68 18 31

Cannes-Université - 5, quai Saint-Pierre
Instruction and cultural improvement for all forms of lessons and lectures.
www.cannes-universite.fr
Tel. : +33(0)4 9338 37 49

Musique et Foi Chrétienne - 7, rue Notre-Dame
Organ concerts. Tel. : +33(0)4 9399 06 66

Association des Conférences d’Enseignements Supérieurs
Provides continually updated high-level cultural information for all.
www.acesc.fr Tel. : +33(0)4 22 10 35 77

Arte Filosophia
Arts and philosophy as approaches for a certain understanding of the world.
Tel. : +33(0)4 93 69 10 80

Dante Alighieri
Talks about Italian culture, news, films, lectures, excursions & trips.
www.dante-cannes.com Tel. : +33(0)4 93 94 26 98

Accueil des Villes Françaises
http://reseau.avf.asso.fr/space/avfcannes
AVF - Cannes : 13, rue Rouaze - Tel: +33(0)4 9394 41 82
AVF - Cannes la Bocca - 54 av. F. Tonner - Tel: +33(0)4 93 90 84 33
AVF desk staffed every Wednesday afternoon in the Tourist Office at the ‘Palais des Festivals’.

Currency Exchange

Azuréenne de Change - 17, rue Maréchal Foch :
Tel: +33(0)4 93 39 34 37

Travelex (Thomas Cook) - 8, rue d’Antibes
Tel: +33(0)4 93 39 41 45

European Exchange / Change Miramar
57, Bd. de la Croisette
Tel: +33(0)4 93 94 45 20

Cyber Points

Instant Photo - 11, rue Maréchal Joffre
Tel: +33(0)4 93 68 00 07

Café @TO Z.Net / WiFi - 46, rue des Serbes
Tel: +33(0)4 92 28 05 33

Atlas Cyber Café - 30, rue Jean Jaurès / 16 rue Hélène Vagliano
Tél : +33(0)4 93 69 42 82
TOURIST INFORMATION OFFICES

PALAIS DES FESTIVALS ET DES CONGRÈS
Official shop for Cannes souvenirs
La Croisette - 06 400 CANNES
Open daily, 9am to 7pm March to October. 10am to 7pm November to February, 9am to 8pm July & August.

GARE SNCF CANNES
Rue Jean Jaurès - 06400 CANNES
Open Monday to Saturday, 9am to 1pm & 2pm to 6pm year round.
Closed from 27th of August 2012 for renovation work on the SNCF station.

PLACE DU MARCHÉ, CANNES LA BOCCA
1 av. Pierre Semard - 06150 Cannes La Bocca
Open Tuesday to Saturday 9am to 12pm & 2:30pm to 6:30pm. July & August open 9am to 12:30pm & 3:30pm to 7pm.

Tel. +33 (0)4 92 99 84 22 - Fax +33 (0)4 92 99 84 23
tourisme@palaisdesfestivals.com - www.cannes.travel